

# Black History Month Toolkit

## Primary

October is Black History Month in the UK. The 2025 theme, 'Standing Firm in Power and Pride', celebrates resilience, identity and the ongoing contributions of Black communities.

Our toolkit brings together free resources and activities to help promote inclusion, belonging and wellbeing across your setting. It offers opportunities to explore:

- the role of positive role models in promoting hope and confidence
- how racism and inequality can affect mental health and ways schools can respond
- the importance of belonging, culture and identity as protective factors for wellbeing
- the role of empathy, inclusion and respect in strengthening your whole school community.

We hope the toolkit gives you practical ways to spark reflection and celebration in your setting and to support pupils and staff in standing firm together - not only this October, but throughout the year.

## This month's featured resources

### Resources for pupils

#### Identity, society and equality lesson plans – *School Wellbeing*

A series of lesson plans for Years 1, 3, 4 and 6, covering topics including celebrating difference, stereotypes, discrimination and human rights.

[View resource](#)

#### Time to level up – *Brent Council*

A short film for children about self-belief, identity and positive relationships, featuring Black role models.

[View resource](#)

#### Exploring stereotypes and anti-racism lesson – *RespectMe*

Lesson plan for Year 6+ to explore the importance of celebrating difference, and to increase awareness of prejudice, stereotypes and racism in society.

[View resource](#)

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## Resources for staff

### **Anti-racism: a whole-school or college approach** – Anna Freud

Take a whole-school or college approach to anti-racism and mental health with our free resources, e-learning, and podcast for education staff.



[View resource](#)

### **Framework for developing an anti-racist approach** – National Education Union (NEU)

A framework to help schools and colleges embed anti-racist approaches and build inclusive, equitable environments for students, staff and the wider community.



[View resource](#)



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