



Snowballs

This activity is a fun way for children to recognise positive qualities and attributes of themselves and others. It can be done with a whole class or small group.

Give every child an A5 sheet of paper – use white paper to mimic snowballs. You could also use coloured paper and make it a fruit fight instead! Children only need to write on one side so use recycling scrap paper where possible.

On one side of the paper each child and the teacher should write three to five unique things about themselves. These should be a mixture of facts and positive attributes that help to identify their character. For less able writers the teacher or teaching assistant could support this part of the activity.

Without writing their name on the paper, each child then scrunches their paper into a ball.

Gather the children into a spaced circle in the room. Tell them that being as safe as possible, we are going to have a snowball fight in the room. Remind the children that the aim here is to mix up the clues so set behaviour and safety standards clearly.

Allow them a set time to have an all-out snowball fight with the crunched-up paper!

When the time is up, each child must locate a snowball and unwrap it and figure out whose clues are written inside the paper. This could be done as a whole class taking turns or allowing children time to work in groups to figure out their clues and feeding back all together.

While feeding back allow some time to focus on each child's positive qualities, or suggest additional ones as a group to boost their self-esteem.