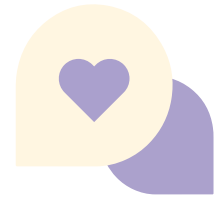# Anti-Bullying Week toolkit: Primary

Anti-Bullying Week 2024 will take place from Monday 11 - Friday 15 November. This year, the theme is 'Choose Respect.'

Anyone can experience bullying at any age, and it can negatively impact our mental wellbeing, confidence and self-esteem. It's important that settings develop a clear approach to preventing and responding to bullying and promote the importance of empathy and respect.

This toolkit contains resources to support both pupils and staff. It contains lesson plans, guidance and supporting activities, as well as resources to help settings develop their approach to preventing and responding to bullying.

The resources are divided into materials for use with pupils and materials to support staff.

Resources

Resources for pupils

[Anti-bullying week primary resource pack](#) - **Anti-Bullying Alliance**

A full set of resources, including a short video, lesson and assembly plan, focusing on the importance of respect and preventing and challenging bullying.

[Bullying: what can I do?](#) - **RespectMe**

A short video with accompanying guidance, with information and advice for children and young people about dealing with bullying.

[Anti-bullying week resources - primary](#) - **Bullies Out**

Information, guidance and classroom activities to support staff and their students during Anti-bullying week.

Anna Freud
Mentally Healthy Schools

Resources for staff

Reporting and recording bullying guidelines - **Anti-Bullying Alliance**

A guide to reporting and recording bullying to help ensure an effective whole-school approach to anti-bullying.

Example of an anti-bullying statement - **NSPCC**

An example of an anti-bullying statement and supporting guidance to help schools develop their own statement and policy.

Anti-bullying tool - **Anti-Bullying Alliance**

A toolkit with guidance to help schools develop their bullying prevention strategy, including a template for a bullying prevention framework.

Getting started: tackling homophobic, biphobic and transphobic bullying in primary schools - **Stonewall**

Information and practical guidance on identifying, preventing and responding to homophobic, biphobic and transphobic bullying in schools.

Bullying and harassment at work - **Education Support**

Support and guidance for staff on recognising and responding to bullying and harassment at work, including signposting to further support.

Sign up to the Mentally Healthy Schools newsletter for more resources

Anna Freud
Mentally Healthy Schools