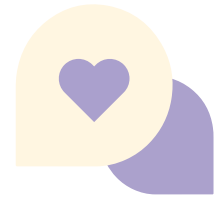# Anti-Bullying Week toolkit: Secondary and FE

Anti-Bullying Week 2024 will take place from Monday 11 - Friday 15 November. This year, the theme is 'Choose Respect.'

Anyone can experience bullying at any age, and it can negatively impact our mental wellbeing, confidence and self-esteem. It's important that settings develop a clear approach to preventing and responding to bullying and promote the importance of empathy and respect.

This toolkit contains resources to support both students and staff. It contains lesson plans, guidance and supporting activities, as well as resources to help settings develop their approach to preventing and responding to bullying.

The resources are divided into materials for use with students and materials to support staff.

Resources

Resources for pupils

Anti-bullying week secondary resource pack - **Anti-Bullying Alliance**

A full set of resources, including a short video, lesson and assembly plan, focusing on the importance of respect and preventing and challenging bullying.

Bullying and cyberbullying lesson plan and pack - **Public Health England**

A lesson to help students understand the impact of bullying and cyberbullying, including how to respond to challenging situations and where to seek support.

Trolling and cyberbullying video - **BBC**

A short film with accompanying teacher notes explores the consequences of online bullying, using a real-life case study.

Anti-bullying week resources - secondary - **Bullies Out**

Information, guidance and classroom activities to support staff and their students during Anti-bullying week.

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Resources for staff

Safe from bullying in further education colleges - **Department for Education**

Guidance outlining the kinds of bullying that might take place in FE settings, how to prevent bullying from happening, and how to respond effectively.

Reporting and recording bullying guidelines - **Anti-Bullying Alliance**

A guide to reporting and recording bullying to help ensure an effective whole-school or college approach to anti-bullying.

Getting started: tackling homophobic, biphobic and transphobic bullying in secondary schools - **Stonewall**

Information and practical guidance on identifying, preventing and responding to homophobic, biphobic and transphobic bullying in schools and colleges.

Sexual and sexist bullying guide - **Anti-Bullying Alliance**

Guidance on preventing and responding to sexual and sexist bullying in education settings, with practical strategies and worked examples.

Bullying and harassment at work - **Education Support**

Support and guidance for staff on recognising and responding to bullying and harassment at work, including signposting to further support.

Sign up to the Mentally Healthy Schools newsletter for more resources

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